



State of Alaska Division of Forestry and Fire Protection - Health and Wellness Program

ADVANCED TRAINING OPPORTUNITY

Breaking the Silence: Practical Skills for Suicide Risk Awareness and Intervention

Presented by: Teri Forst, LPS-S, ERPSCC, MAC, NCC

- **Evidence based theory and practical framework**

Exploring strategies for assessing risk and potential protective factors

- **Case Studies**

Review pertinent cases studies for effective engagement for at risk employees

- **Interactive breakout sessions for skill development**

How to ask the hard questions and resources to better support those in crisis.

Date: Tuesday, February 3rd, 2026

Time: 0830-1230

Location: Best Western Lake Lucille

**Address: 1300 W Lake Lucille Dr, Wasilla, AK 99654
Iditarod Conference Room**

Network session and snacks to be provided on site from 1230-1330

This training is geared toward active members of their Agency or Departments peer support team. Prior certification in IAFF peer support or ICISF individuals and groups in crisis training is recommended



Please RSVP by scanning the QR Code and completing the required fields
Registration closes January 26th, 2026

For questions please contact: Erica Tresham- Wellness Program Coordinator
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